

HIGHPOINTS

A PUBLICATION FROM HIGHPOINT LAW OFFICES


HIGHPOINT
LAW OFFICES PC
NOVEMBER 2009

USEFUL LINKS

HIGHPOINT WEBSITE
SEE CONTACT US! BELOW

**FRIEND US ON
FACEBOOK!**
WWW.FACEBOOK.COM
(SEARCH FOR PETER
GILBERT IN THE
PHILADELPHIA NETWORK)

**HIGHPOINT LAW
OFFICES
MEET-UP PAGES**
WWW.MEETUP.COM
(SEARCH "BUCKSMONT
RESPONSIBLE PARENTS"
WITH ZIP CODE 18914 OR
"WEALTH
PRESERVATION MEET
UP GROUP" WITH
ZIP CODE 18914)

**HIGHPOINT LAW
OFFICES
UPCOMING EVENTS**
GO TO OUR WEBSITE AND
CLICK ON THE
UPCOMING EVENTS TAB

A NOTE FROM PETER....



Happy November! I hope you all are gearing up for a great Thanksgiving holiday in a few weeks!

I wanted to share with you some exciting news that has happened to me recently. I was contacted by a reporter from the Intelligencer asking to interview me about estate planning and how you can keep your documents safe and accessible. The article appeared on the front page of the Business section of the Monday, October 26th, 2009 issue, you will find the article "A safe place to store documents" which contains just a bit of the information I shared.

It was an interesting concept, storage of documents, to keep them accessible if they are ever needed. Anyone in our LifePlan™ program might recognize this concept. We use DocuBank® to store your healthcare directives so they are always accessible!

The reporter wanted my opinion on such a service for other estate planning documents like your Will/Trust.

Although I don't really believe our clients need this additional service, as we keep their documents on our hard drive and off site, but it is interesting that someone had a need for this service and developed a whole company around one small part of what we do for all our clients

If you are interested in reading the article, you can locate it on the web by going to The Intelligencer's website (www.phillyburbs.com) and clicking on the link for The Intelligencer and searching their archives for the October 26th, 2009 issue. This was a small but great media success story for HighPoint Law Offices!

If you happen to be a business owner and have received any public recognition like this, PLEASE share it with us! We'd love to hear your stories!

-Peter J. Gilbert

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CONTACT US!

200 HighPoint Drive, Suite 209
Chalfont, PA 18914
Phone: 215-997-9773
Fax: 215-893-4726

Email: info@highpointlawoffices.com
Website: www.highpointlawoffices.com

RECOMMENDED READING

The Kids Are All Right by Liz, Diana, Amanda and Dan Welsh
Review by Caroline Leavitt, *People Magazine*



“Each truth is our own,” declare the authors of this astonishing group memoir about memory, resilience, and four orphans who refused to be broken by loss. In 1983 the Welch children’s investment banker dad died in a car crash, leaving the family deep in debt. Their soap-star mom succumbed to cancer soon after, and while 19-year-old Amanda lost herself in drugs and punk rock at college, Liz, 16, Dan, 14, and Diana, 8, were wrenched apart. Liz stayed with a family she babysat for. Troubled Dan bounced from home to home. But Diana had it the hardest, living with a family bent on erasing her past and denying access to her beloved siblings. In indelible voices, each Welch contradicts, embellishes or supports the others’ memories, creating a blisteringly funny, heart-scorching tale of remarkable kids shattered by tragedy and finally brought back together by love.”

FEATURE ARTICLE

The following is a publication from the Bucks and Montgomery Emergency Preparedness Bulletin about the H1N1 (Swine flu). Because the Fall/Winter seasons are known for increase in illness, all of us at HighPoint Law Offices decided it was important to provide you with the most up-to-date information on this flu.

WHAT IS H1N1 (SWINE FLU)?

H1N1 (Swine Flu) is a new strain of influenza, and is spread from person to person by coughing, sneezing, or nasal secretions. As we saw last Spring, most people have little or no immunity against this new type of flu. Like the seasonal flu, H1N1 may be worse for those with chronic medical conditions. However, most people recover without requiring medical treatment and experience typical “flu-like” symptoms. H1N1 will typically run its course within 4-7 days.

- Individuals may be infectious as early as the day before they show symptoms and are most likely to spread the flu to others when they are feverish
- Those who are sick should stay home from school or work until 24 hours after fever has resolved
- Patients should always consult with their healthcare provider, especially those with suppressed immune systems and chronic medical conditions if their flu symptoms do not improve
- Currently, H1N1 is a Stage 6: Pandemic. “Pandemic” refers to the spread of H1N1, not the severity of the illness

WHAT CAN I DO TO PREPARE?

MAKE A PLAN

- If you are sick, and cannot leave your house, it will be important to have extra supplies on hand
- Think about your daily activities: what are the sick policies at home, and your child’s school?

MAKE A KIT

- Keep supplies in your home: food, water, non-prescription drugs and other health supplies

PRACTICE GOOD HYGIENE

STAY INFORMED

UPCOMING EVENTS

***Wednesday, November 18th** at 10:30 am and **Tuesday, December 1st** at 7pm
HighPoint Law Offices will be hosting a free **“Estate Planning Essentials”** workshop for clients and non-clients at our office in Chalfont, PA. This workshop runs roughly 2 hours and will focus on the importance of Estate Planning and how being prepared now will protect you and your loved ones in the future. *Seating will be limited* so please **call 215-997-9773** to reserve your seat today.

H1N1 AND VACCINE

HOW CAN WE PREVENT AND TREAT H1N1?

- Just like the seasonal flu: get your flu shot, rest, and drink plenty of liquids
- Practice good hygiene: wash your hands, cover your cough, stay at home if you are sick
- There are anti-viral medications that can treat the symptoms of H1N1, but will be used to treat those who are at higher risk for complications from H1N1

WHEN WILL THE H1N1 VACCINE BE AVAILABLE?

- The H1N1 vaccine is now in production, and will be available around October or November
- The H1N1 vaccine does NOT replace seasonal flu vaccine: you are encouraged to get BOTH the seasonal flu vaccine, and the H1N1 vaccine
- The seasonal vaccine and the H1N1 vaccine may be given on the same day
- All of the H1N1 vaccine doses may not be ready at the same time, so certain groups (who are at higher risk for complications) will be the first in line. These include:
 - Pregnant women
 - People who live with or care for children under 6 months of age
 - Healthcare and emergency services personnel
 - Persons between 6 months of age and 24 years of age
 - Persons 24-64 years of age with certain chronic medical conditions

WHERE CAN I GET THE H1N1 VACCINE?

- H1N1 vaccine will be available in a combination of settings, including healthcare provider offices, schools, clinics set up by local health departments and other settings, such as pharmacies and workplaces
- As vaccine becomes available, more information will be posted on websites:

•www.H1N1inPA.com

•www.health.montcopa.org

•www.buckscounty.org

RECIPE OF THE MONTH! BY SARA QUESENBERRY (PUBLISHED ON REALSIMPLE.COM IN DECEMBER 2008)

Raspberry Pinwheel Cookies - A great recipe to make ahead and freeze in preparation for the holiday season!



Ingredients

- * 3/4 cup (1 1/2 sticks) unsalted butter, at room temperature
- * 1 8-ounce bar cream cheese, at room temperature
- * 1/2 cup granulated sugar
- * 1/2 teaspoon pure vanilla extract
- * 2 cups all-purpose flour, plus more for the work surface
- * 1/2 cup seedless raspberry jam
- * 1 large egg, beaten
- * 2 tablespoons turbinado or some other coarse sugar

1. With an electric mixer, beat the butter, cream cheese, and granulated sugar until fluffy. Mix in the vanilla. Gradually add the flour, mixing until just incorporated.
2. Turn the dough onto a floured work surface and gently knead it 2 to 3 times, just to bring it together. Form the dough into two 1-inch-thick squares. Wrap in plastic wrap and refrigerate for 1 hour.
3. On a lightly floured piece of parchment, roll one of the dough squares into a 9-by-12-inch rectangle. Spread half the jam over the dough. Cut the dough crosswise into thirds, making three 9-by-4-inch rectangles. Starting from the long side of each rectangle, roll into logs. Wrap in wax paper and refrigerate until firm, 30 minutes. Repeat with the remaining dough.
4. Heat oven to 350° F. Slice the logs into 1-inch pieces and space 1 1/2 inches apart on parchment-lined baking sheets. Brush with the egg and sprinkle with the turbinado sugar. Bake until golden, 20 to 25 minutes.
5. To wrap: A 32-ounce glass canning jar will neatly hold 2 dozen pinwheels. You can play up the cookies' two-tone theme with a striped ribbon tied around the jar's mouth and a colorful adhesive bow.
6. To freeze: Instead of refrigerating the logs, freeze them for up to 2 months. To bake, follow the recipe instructions, cutting logs while frozen and baking the dough without defrosting it. Use the upper end of the cooking-time range.

Just For A Laugh!

Here a few more of those hilarious excerpts from Church Bulletins!

The Associate Minister unveiled the church's new tithing campaign slogan last Sunday: "I Upped My Pledge - Up Yours"

Low Self Esteem Support Group will meet Thursday at 7 PM. Please use the back door.

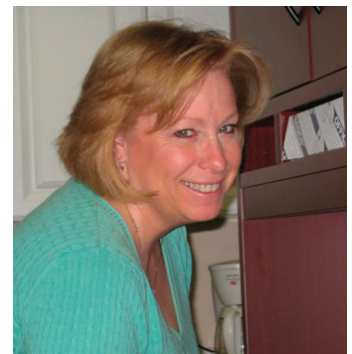
The pastor would appreciate it if the ladies of the congregation would lend him their electric girdles for the pancake breakfast next Sunday.

The church will host an evening of fine dining, super entertainment and gracious hostility.

MEET THE TEAM AT HIGHPOINT LAW OFFICES!

Each month, we will be highlighting a member of our team! This month you will meet Loren Frasco - Our Client and Professional Services Director at HighPoint Law Offices!

Born and raised in New York, Loren moved to Bucks County to attend Delaware Valley College in Doylestown, PA. There she received her Bachelor of Science Degree in Ornamental Horticulture and met her husband Christopher. They settled in Doylestown and have been busy raising 2 daughters and 2 dogs since. Loren went back to school in 2002 for her Paralegal Certificate (now completed) and started working at HighPoint Law Offices in 2003.



Loren is presently the Client Relations/ Marketing Coordinator and she tries to ensure that your experience at HighPoint Law Offices is a pleasant one. As a paralegal, Loren also can help draft client documents and answer a surprising number of your inquiries. With many years of customer service experience, Loren assists clients with scheduling and is available to answer questions regarding our LifePlan Enhancement and Your Corporate Counsel Advantage programs.